

MARTIN COUNTY HUMAN SERVICES



MENTAL HEALTH RESOURCE GUIDE

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Human Services- Martin County

(772) 288-5786

**2-1-1 Helpline – provides highly trained resource specialist
211**

Veteran’s Crisis Line:
800-273-8255 Press 1

Coral Shores Behavioral Health:
Phone Number: (772) 403-2273

National Suicide Lifeline:
Phone Number: 1-800-273-8255

**New Horizons of the Treasure Coast- 24-hour crisis services including mobile response
team**
Phone Number: (772) 468-3909

**Catholic Charities – Providing free individual and group counseling
844-848-6777**
Counseling@CCDPB.org
Catholic Charities, Diocese of Palm Beach
100 W 20th Street
Riviera Beach, FL 33404
561-702-8265 Office Number

**Tykes and Teens -provides mental health services for children and adolescents
(772) 220-3439**

FL Domestic Violence Hotline
1-800-621-4202

Elderly Assistance:
800-96-ELDER (800-963-5337)

24-hour Free Bilingual Emotional Support HelpLine:
833-848-1762

Trained behavioral health professionals available for stress, trauma, anxiety & grief due to the crisis.

DCF Abuse Hotline
1-800-962-2873

NAMI Martin County Resource Line

(772) 285-0967

NAMI HelpLine

Monday through Friday, 10 am–6 pm, ET.

1-800-950-NAMI (6264) or info@nami.org

Child Help USA National Hotline

Available 24/7, over 170 languages

Helps youth who are suffering child abuse

1-800-4-A-CHILD (1-800-422-4453)

Boys Town National Hotline

Available 24/7

Serving all at-risk teens and children

Call: 800-448-3000

National Human Trafficking Resource Center

Available 24/7

Confidential hotline 1-888-373-7888 24/7

Text “HELP” or “INFO” to 233733

National Teen Dating Violence Hotline

Available 24/7

Questions or concerns about dating relationships

1-866-331-9474

Text “loveis” 22522

Gay Lesbian Bisexual Transgender National Help Center

Monday-Friday 1pm to 9pm *pacific time*

Monday-Friday 4pm to 12am *eastern time*

Saturday 9am to 2pm *pacific time*

Saturday 12pm to 5pm *eastern time*

Support for LGBT youth

Youth Talkline: 1800-246-PRIDE (7743)

Trans Lifeline

Available 24/7

Hotline staffed by volunteers who are all trans-identified and educated in the range of difficulties transgender people experience

U.S. (877) 565-8860

National Sexual Assault Hotline

Available 24/7

Supports victims of sexual assault, LGBT-inclusive

1-800-656-HOPE 24/7 or

Online Counseling at www.rainn.org

National Runaway Switchboard

Available 24/7, confidential hotline supports runaway youth for safety

800-RUNAWAY (786-2929)

www.1800RUNAWAY.org

National Eating Disorders Helpline

Available Mon.-Thurs. 9:00am – 9:00pm, Fri. from 9:00am – 5:00pm (EST)

Support, resources and treatment options for people struggling with eating disorders

Hotline 1-800-931-2237

Inpatient Psychiatric Facilities:

Coral Shores Behavioral Health

Address: 5995 SE Community Dr. Stuart, FL 34997

Phone Number: (772) 403-4000

Cost: Private | Accepts Insurances

Population Served: Adults | Adolescents 12+

Services: Inpatient Psychiatric Hospitalization | Partial Hospitalization Program

Lawnwood | Treasure Coast Behavioral Health

Address: 1860 N Lawnwood Cir, Fort Pierce, FL 34950

Phone Number: (772) 466-1500

Cost: Private | Accepts Insurances | Requires Medical Clearance From Lawnwood's ER

Population Served: Adults

Services: Inpatient Psychiatric Stabilization

New Horizons of the Treasure Coast

Address: 4500 W Midway Rd, Fort Pierce, FL 34981

Phone Number: (772) 468-5600

Cost: Nonprofit Organization | Accepts Insurances & Uninsured | Sliding Fee Scales

Population Served: Adults | Adolescents | Children

Services: Inpatient Psychiatric Stabilization | Detox | 28-Day Inpatient Substance Abuse Program | Group Home | Outpatient Services | Medication Assisted Treatment Program | Case Management | Pharmacy

Port Saint Lucie Hospital

Address: 2550 SE Walton Rd, Port Saint Lucie, FL 34952

Phone Number: (772) 335-0400

Cost: Private | Accepts Medicare | Self-Pay

Population Served: Adults

Services: Inpatient Psychiatric Stabilization | Detox | 28-Day Inpatient Substance Abuse | Partial Hospitalization Program | Medication Assisted Treatment

St. Lucie Medical Center

Address: 1800 SE Tiffany Ave, Port Saint Lucie, FL 34952

Phone Number: (772) 398-3500

Cost: Private | Accepts Insurances | Requires Medical Clearance From St. Lucie Medical ER

Population Served: Adults

Services: Inpatient Psychiatric Stabilization | Intensive Outpatient Program | Support Groups

Detox Facilities:

Banyan Detox (Stuart)

Address: 201 SE Osceola St. Stuart, Florida 34994

Phone Number: (772) 492-4253

Cost: Accepts Private Insurances | Self-Pay

Population Served: Adults

Services: Alcohol Detox | Benzodiazepines Detox | Cocaine Detox | Heroin Detox | Methadone Detox | Methamphetamine Detox | Opiate Detox | Prescription Pill Detox | Dual Diagnosis Detox

Coastal Detox:

Address: 1131 SE Indian St. Stuart, FL 34997

Phone Number: (877) 978-3125

Cost: Accepts Private Insurances | Self-Pay

Population Served: Adults

Services: Alcohol Detox | Heroin Detox | Cocaine Detox | Dual Diagnosis | Benzodiazepines Detox | Crack Detox | Crystal Meth Detox | Opiates Detox | Painkillers Detox | Treatment for Working Professionals | Executive Treatment Program | Recovery Management Program

Drug Abuse Treatment Association, Inc.

Address: 4590 Selvitz Rd. Fort Pierce, FL 34981

Phone Number: (772) 464-7575

Cost: Nonprofit | Accepts Insurances | Accepts Uninsured | Sliding Fee Scale

Services: Residential Drug Abuse Treatment Program | Outpatient | In-School Services

Just Believe Recovery

Address: 1802 NE Jensen Beach Blvd. Jensen Beach, FL 34957

Phone Number: (877) 813-9235

Cost: Accepts Private Insurances | Self-Pay

Population Served: Adults

Services: Heroin Detox | Fentanyl Detox | Benzodiazepine Detox | Methadone Detox | Alcohol Detox | Residential Program | Partial Hospitalization Program with Housing | Aftercare Program

New Horizons of the Treasure Coast:

Address: 4500 W Midway Rd. Port Saint Lucie, FL 34981

Phone Number: (772) 468-5600

Cost: Accepts Insurances | Accepts Uninsured | Sliding Fee Scale | Self-Pay

Population Served: Adults

Services: Marchman Act Receiving Facility | Alcohol Detox | Benzodiazepine Detox | Heroin Detox | Opiate Detox | Residential Program | Medication Assisted Treatment Program

Port St. Lucie Hospital:

Address: 2550 SE Walton Rd. Port Saint Lucie, FL 34952

Phone Number: (772) 335-0400

Cost: Accepts Medicare | Self-Pay

Population Served: Adults

Services: Alcohol Detox | Opiates Detox | Benzodiazepines Detox | Residential Program

Outpatient Services:

ADAP Counseling Services (Stuart)

Address: 959 SE Central Parkway, Stuart, FL 34994

Phone Number: (772) 286-8933

Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class

Population Served: Adults | Adolescents

Services: Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

ADAP Counseling Services (St. Lucie West)

Address: 540 NW University Blvd. Suite 104, Port Saint Lucie, FL 34983

Phone Number: (772) 204-9085

Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class

Population Served: Adults | Adolescents

Services: Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

ADAP Counseling Services (St. Lucie Blvd)

Address: 725 SE Port St Lucie Blvd. Suite 201, Port Saint Lucie, FL 34984

Phone Number: (772) 204-9085

Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class

Population Served: Adults | Adolescents

Services: Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

ADAP Counseling Services (Virginia, Fort Pierce)

Address: 800 Virginia Ave. Suite 11, Fort Pierce, FL 34982

Phone Number: (772) 466-4328

Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class

Population Served: Adults | Adolescents

Services: Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

Andi's Integrated Healthcare

Address: 306 SE Florida Ave. Stuart, FL 34994

Phone Number: (772) 742-2111

Cost: Accepts Insurances | Self-Pay

Population Served: Adults

Services: Medication Management | Counseling Services

Counseling Centre of Stuart, Kevin Braley LLC

Address: 828 SW Palm City Rd. Stuart, FL 34994

Phone Number: (772) 286-4613

Cost: Accepts Private Insurances

Population Served: Adults

Services: Individual Counseling | Marriage Counseling | Family Counseling

Chrysalis Center

Address: 725 SE Port St Lucie Blvd, Port Saint Lucie, FL 34984

Phone Number: (772) 249-5262

Cost: Accepts Insurances | Self-Pay

Population Served: Adults | Adolescents | Children

Services: Medication Management | Individual Counseling | Family Counseling | On-Site

Counseling | Case Management

Helping People Succeed

Address: 1601 NE Braille Pl Jensen Beach, FL 34957

Phone Number: (772) 320-0770

Cost: Accepts Insurance | Self-Pay

Population Served: Adults with Disabilities | Adolescents | Children

Services: BRAIN Program for Newborn Children | Developmental Intervention Services (Ages 0-3) | Pre-K Behavioral Support Programs (Ages 2-5) | Infant & Toddler Social-Communication Program (Ages 0-3) | Parent-Child Classes (Ages 3-48 Months) | Autism Services | Children's Community Mental Health Program | Medication Management | Case Management | Mental Health Counseling | Community Inclusion Program for Disabled Adults

Legacy Behavioral Health (Indiantown)

Address: 15818 SW Warfield Blvd. Indiantown, FL 34956

Phone Number: (772) 597-0411

Cost: Accepts Insurances | Covers Uninsured Adults & Children

Population Served: Adults | Adolescents | Children

Services: Medication Management | Psychological Testing | Individual Therapy | Couples Therapy | Family Therapy | Group Therapy | Parenting Skills Classes | Anger Management | On-Site Services – Schools, Shelters, Foster Homes & Daycare Centers | Case Management

Legacy Behavioral Health (Port St. Lucie)

Address: 518 S.W. Prima Vista Blvd. Port Saint Lucie, FL 34983

Phone Number: (772) 873-8811

Cost: Accepts Insurances | Covers Uninsured Adults & Children

Population Served: Adults | Adolescents | Children

Services: Medication Management | Psychological Testing | Individual Therapy | Couples Therapy | Family Therapy | Group Therapy | Parenting Skills Classes | Anger Management | On-Site Services – Schools, Shelters, Foster Homes & Daycare Centers | Case Management

New Horizons of the Treasure Coast (Midway)

Address: 4500 W Midway Rd. Port Saint Lucie, FL 34981

Phone Number: (772) 468-5600

Cost: Nonprofit | Accepts Insurances | Sliding Fee Scale | Self-Pay | Covers Uninsured

Population Served: Adults | Adolescents | Children

Services: Medication Management | Individual Therapy | Family Therapy | Community Therapist | Injection Clinic | Case Management | Medication Assisted Treatment | Peer Support Specialist | Pharmacy | Primary Care Services | Psychosocial Rehabilitation Classes | Mobile Crisis Unit | Family Intervention Team | Student Assistance Program | In-Jail Case Management

New Horizons of the Treasure Coast (Stuart)

Address: 1111 SE Federal Hwy #230, Stuart, FL 34994

Phone Number: (772) 221-4088

Cost: Nonprofit | Accepts Insurances | Sliding Fee Scale | Self-Pay | Covers Uninsured

Population Served: Adults | Adolescents | Children

Services: Medication Management | Individual Therapy | Substance Abuse Counseling | Case Management | Injection Clinic | Psychosocial Rehabilitation Classes | In-Jail Case Management

New Horizons of the Treasure Coast (709)

Address: 709 S 5th St. Fort Pierce, FL 34950

Phone Number: (772) 468-5610

Cost: Nonprofit | Accepts Insurances | Sliding Fee Scale | Self-Pay | Covers Uninsured

Population Served: Adults

Services: Medication Management | Counseling | Injection Clinic | Case Management | Forensic Specialists

Project Lift

Address: 1330 SW 34th St, Palm City, FL 34990

Phone Number: (772) 221-2244

Cost: Nonprofit | Free of Charge for Boys & Girls Program | Self-Pay

Population Served: Adolescents (Ages 14-19)

Services: Counseling Services | Vocational Programs | Girls' Program | Boys' Program

Riverview Community Mental Health (Stuart)

Address: 865 SE Monterey Commons Blvd. Stuart, FL 34996

Phone Number: (772) 266-4713

Cost: Accepts Insurance

Population Served: Adults | Adolescents | Children

Services: Medication Management | Individual Therapy | Transcranial Magnetic Stimulation Therapy | Family Therapy | Addiction Counseling

Riverview Community Mental Health (Port St. Lucie)

Address: 451 SW Bethany Dr. Suite #103, Port Saint Lucie, FL 34986

Phone Number: (772) 301-1354

Cost: Accepts Insurance

Population Served: Adults | Adolescents | Children

Services: Medication Management | Individual Therapy | Transcranial Magnetic Stimulation Therapy | Family Therapy | Addiction Counseling

SequelCare Youth & Family Services

Address: 567 NW Lake Whitney Place, #101, Port Saint Lucie, FL 34986

Phone Number: (772) 337-8164

Cost: Accepts Insurances | Self-Pay | Sliding Fee Scales

Population Served: Adults | Adolescents | Children

Services: Medication Management | Individual Therapy | Group Therapy | Family Therapy | On-Site Services | Case Management | Specialized Foster Homes for Children with Mental Health or Behavioral Problems (Ages 1-17) | Behavior Analysis Program | Residential Program for Delinquent Boys in Pompano Beach (Ages 13-18) | Youth Academy Treatment Facility in Palm Beach County referred by the Department of Juvenile Justices (Ages 15-21)

Shanlis, Inc. (Stuart)

Address: 744 Colorado Ave, Stuart, FL 34994

Phone Number: (772) 223-9988

Cost: Accepts Insurances | Self-Pay

Population Served: Adults | Adolescents

Services: Forensic Evaluations | Psychodiagnostic Testing | Expert Witness Reports | Expert
Witness Testimony | Neuropsychological Evaluation | Psychosexual Services

Shanlis, Inc. (Fort Pierce)

Address: 2506-A Acorn St. Fort Pierce, FL 34947

Phone Number: (772) 223-9988

Cost: Accepts Insurances | Self-Pay

Population Served: Adults | Adolescents

Services: Forensic Evaluations | Psychodiagnostic Testing | Expert Witness Reports | Expert
Witness Testimony | Neuropsychological Evaluation | Psychosexual Services

Suncoast Mental Health Center (Stuart)

Address: 850 NW Federal Hwy. Suite #125 Stuart, FL 34994

Phone Number: (772) 221-8585

Cost: Nonprofit | Accepts Insurances | Accepts Uninsured | Sliding Fee Scale

Population Served: Adolescents | Children

Services: Medication Management | Individual Counseling | Family Counseling | On-Site Services | Case Management | Family Benefits Coordinator

Suncoast Mental Health Center (Stuart)

Address: 2222 Colonial Rd. Suite #100. Fort Pierce, FL 34950

Phone Number: (772) 489-4726

Cost: Nonprofit | Accepts Insurances | Accepts Uninsured | Sliding Fee Scale

Population Served: Adolescents | Children

Services: Medication Management | Individual Counseling | Family Counseling | On-Site Services | Case Management | Family Benefits Coordinator

The ARC of Martin County

Address: 2001 S Kanner Hwy, Stuart, FL 34994

Phone Number: (772) 283-2525

Cost: Accepts Insurance

Population Served: Adults with Disabilities | Adolescents | Children

Services: Behavioral Health Services | Community Inclusion Services | Transportation | Adult Training Program | Supported Living Program | Residential Program | Family Counseling

The B&K Counseling Center

Address: 2136 N Us Highway 1, Fort Pierce, FL 34946

Phone Number: (772) 465-3171

Cost: Self-Pay

Population Served: Adults | Adolescents

Services: Individual Therapy | Addiction Counseling | Psychosexual Counseling

Treasure Coast Counseling Center

Address: 895 NE Jensen Beach Blvd. Jensen Beach, FL 34957

Phone Number: (772) 335-9808

Cost: Accepts Insurance | Self-Pay

Population Served: Adults

Services: Mental Health Counseling | Addiction Counseling | Canine Support Services

Tykes & Teens (Palm City)

Address: 3577 SW Corporate Parkway, Palm City, FL 34990

Phone Number: (772) 220-3439

Cost: Nonprofit | Accepts Insurance | Sliding Fee Scale | Self-Pay

Population Served: Adolescents | Children

Services: Mental Health Counseling | Family Counseling | On-Site Services | Dialectical Behavior Therapy Group | Eating Disorders Treatment | LGBT Support Group | Addiction Counseling | Family Abuse Treatment Program | Case Management

Tykes & Teens (Port St. Lucie)

Address: 451 SW Bethany Dr. Suite #101, Port St. Lucie, FL 34986

Phone Number: (772) 220-3439

Cost: Nonprofit | Accepts Insurance | Sliding Fee Scale | Self-Pay

Population Served: Adolescents | Children

Services: Mental Health Counseling | Family Counseling | On-Site Services | Dialectical Behavior Therapy Group | Eating Disorders Treatment | LGBT Support Group | Addiction Counseling | Family Abuse Treatment Program | Case Management

Tykes & Teens (Hobe Sound)

Address: 8142 SE Federal Hwy. Hobe Sound, FL 33455

Phone Number: (772) 220-3439

Cost: Nonprofit | Accepts Insurance | Sliding Fee Scale | Self-Pay

Population Served: Adolescents | Children

Services: Mental Health Counseling | Family Counseling | On-Site Services | Dialectical Behavior Therapy Group | Eating Disorders Treatment | LGBT Support Group | Addiction Counseling | Family Abuse Treatment Program | Case Management

Intensive Outpatient & Partial Hospitalization Programs

Essentials Recovery (IOP)

Address: 1607 NW Federal Highway, Stuart, FL 34994

Phone Number: (772) 266-5212

Cost: Accepts Insurance | Self-Pay

Days & Times: Monday-Friday 10AM-1PM or 6PM-9PM

Just Believe Recovery Center (PHP)

Address: 1802 NE Jensen Beach Blvd. Jensen Beach, FL 34957

Phone Number: (877) 813-9235

Cost: Accepts Insurance | Self-Pay

Services: Partial Hospitalization Program with Housing

Port St. Lucie Hospital (PHP)

Address: 2550 SE Walton Rd. Port Saint Lucie, FL 34952

Phone Number: (772) 335-0400

Cost: Accepts Medicare

Days & Times: Monday-Friday 8:30AM-1:30PM

Recovery by the Sea (IOP)

Address: 2801 SE Martin Square Corporate Pwky. Stuart, FL 34994

Phone Number: (877) 207-5033

Days & Times: Mondays, Wednesdays & Fridays 9AM-12PM or 6PM-9PM

Recovery by the Sea (PHP)

Address: 2801 SE Martin Square Corporate Pwky. Stuart, FL 34994

Phone Number: (877) 207-5033

Cost: Accepts Insurance

Services: Partial Hospitalization Program with Housing

Saint Lucie Medical (IOP)

Address: 1800 SE Tiffany Ave. Port Saint Lucie, FL 34952

Phone Number: (772) 398-1620

Cost: Accepts Insurance

Days & Times: Mondays, Wednesdays & Thursdays 9AM-12PM

Second Chance Mental Health (PHP)

Address: 1541 SE Port St. Lucie Blvd #F, Port Saint Lucie, FL 34952

Phone Number: (772) 335-0166

Cost: Accepts Medicaid | Offers Scholarships

Days & Times: Monday-Friday 9AM-1PM

Serenity Counseling (IOP)

Address: 500 NW Dixie Hwy. Stuart, FL 34994

Phone Number: (772) 692-8585

Cost: Accepts Insurance | Self-Pay

Support Groups:

Saint Lucie Medical Mental Health Support Group

Address: 1701 SE Hillmoor Dr. Port Saint Lucie, FL 34952

Date & Time: Tuesdays from 5:30PM to 6:30PM

Phone Number: (772) 398-1620

Recovery Support Group

Address: 701 SE Ocean Blvd. Room #2. Stuart, FL 34994

Date & Time: Wednesdays from 6:30PM-8PM

Phone Number: (772) 285-0967

Family & Friends Support Group

Address: 701 SE Ocean Blvd. Room #2. Stuart, FL 34994

Date & Time: 1st & 3rd Monday from 6PM to 7PM

Phone Number: (772) 285-0967

Harbor Network

Address: 618 SE Central Parkway. Stuart, FL 34994

Date & Time: Daily | Call for Times

Phone Number: (772) 287-4545