



# *The Boys in the Boat*

by Daniel James Brown

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*Martin County Library System Book Club Kit:*

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## *The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics* by Daniel James Brown

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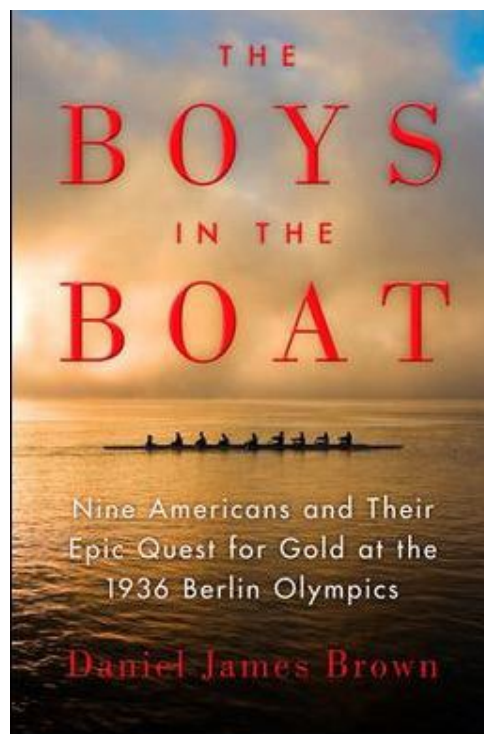
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### Book summary

Daniel James Brown's robust book tells the story of the University of Washington's 1936 eight-oar crew and their epic quest for an Olympic gold medal, a team that transformed the sport and grabbed the attention of millions of Americans.

The sons of loggers, shipyard workers, and farmers, the boys defeated elite rivals first from eastern and British universities and finally the German crew rowing for Adolf Hitler in the Olympic games in Berlin, 1936.

The emotional heart of the story lies with one rower, Joe Rantz, a teenager without family or prospects, who rows not for glory, but to regain his shattered self-regard and to find a place he can



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call home. The crew is assembled by an enigmatic coach and mentored by a visionary, eccentric British boat builder, but it is their trust in each other that makes them a victorious team. They remind the country of what can be done when everyone quite literally pulls together—a perfect melding of commitment, determination, and optimism.

Drawing on the boys' own diaries and journals, their photos and memories of a once-in-a-lifetime shared dream, *The Boys in the Boat* is an irresistible story about beating the odds and finding hope in the most desperate of times—the improbable, intimate story of nine working-class boys from the American west who, in the depths of the Great Depression, showed the world what true grit really meant. It will appeal to readers of Erik Larson, Timothy Egan, James Bradley, and David Halberstam's *The Amateurs*.

Source: Goodreads. ([goodreads.com/en/book/show/16158542](https://www.goodreads.com/en/book/show/16158542))





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## Meet the Author

I grew up in the San Francisco Bay Area and attended Diablo Valley College, the University of California at Berkeley, and UCLA. I taught writing at San Jose State University and Stanford before becoming a technical writer and editor. I now write narrative nonfiction books full time. My primary interest as a writer is in bringing compelling historical events to life as vividly and accurately as I can.



I live in the country outside of Seattle, Washington with my wife, two daughters, and an assortment of cats, dogs, chickens, and honeybees. When I am not writing, I am likely to be birding, gardening, fly fishing, reading American history, or chasing bears away from the beehives.

Source: Author's website. ([danieljamesbrown.com/about](http://danieljamesbrown.com/about))



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## Discussion Questions

1. Did you know much about rowing before reading *The Boys in the Boat*? If not, what aspects of the sport surprised you most? If so, did you learn anything about rowing that you didn't know before? And if you don't generally follow sports or sports history, what made you want to read this book?
2. Compare how the Olympics were regarded in the 1930s to how they are regarded now. What was so significant about the boys' win in 1936, right on the dawn of the Second World War? What political significance do the Olympics Games hold today?
3. Thanks to hours of interviews and a wealth of archival information from Joe Rantz, his daughter Judy, and a number of other sources, Daniel James Brown is able to tell Joe's story in such fine detail that it's almost as if you are living in the moment with Joe. How did you feel as you were reading the book? What significance does Joe's unique point of view have for the unfolding of the narrative? And why do you think Joe was willing to discuss his life in such detail with a relative stranger?
4. While *The Boys in the Boat* focuses on the experiences of Joe Rantz and his teammates, it also tells the much larger story of a whole generation of young men and women during one of the darkest times in American history. What aspects of life in the 1930s struck you most deeply? How do the circumstances of Americans during the Great Depression compare to what America is facing now?
5. Brown mentions throughout the book that only a very special, almost superhuman individual can take on the physical and psychological demands of rowing and become successful at the sport. How did these demands play out in the boys' academic and personal lives? How did their personal lives influence their approach to the sport?
6. Despite how much time Joe Rantz spent training with the other boys during his first two years at the University of Washington, he didn't really form close personal relationships with any of them until his third year on the





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- team. Why do you think that was? What factors finally made Joe realize that it did matter who else was in the boat with him (p. 221)?
7. Joe and Joyce maintain a very loving and supportive relationship throughout Joe's formative years, with Joyce consistently being his foundation, despite Joe's resistance to relying on her. How did their relationship develop while they were still in college? In what ways did Joyce support Joe emotionally? What about Joyce's own challenges at home? How do you think her relationship with her parents affected her relationship with Joe?
  8. Al Ulbrickson's leadership style was somewhat severe, to say the least, and at many times, he kept his opinions of the boys and their standings on the team well-guarded. Even with this guardedness, what about him inspired Joe and the boys to work their hardest? What strategies did Ulbrickson use to foster competition and a strong work ethic among them and why?
  9. George Pocock and Al Ulbrickson each stand as somewhat mythic figures in *The Boys in the Boat*; however, they were very different men with very different relationships to the boys. Discuss their differences in leadership style and their roles within the University of Washington's rowing establishment. What about Pocock enabled him to connect with Joe Rantz on such a personal level?
  10. At one point, Pocock pulls Joe aside to tell him "it wasn't just the rowing but his crewmates that he had to give himself up to, even if it meant getting his feelings hurt" (p. 235). How do you think this advice affected Joe's interactions with the other boys? How do you think it might have affected Joe's relationship to his family, especially after the deaths of Thula Rantz and his friend Charlie MacDonald?
  11. What was Al Ulbrickson and Ky Ebright's relationship to the local and national media? How did they use sportswriters to advance their teams' goals and how did the sportswriters involve themselves in collegiate competition? Were you surprised at all by the level of involvement,







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especially that of Royal Brougham? How does it compare to collegiate sports coverage today?

12. When Al Ulbrickson retired in 1959, he mentioned that one of the highlights of his career was “the day in 1936 that he put Joe Rantz in his Olympic boat for the first time, and watched the boat take off” (p. 364). Why do you think that moment was so important for Ulbrickson? What about Joe was so special to him and how did Joe become the element that finally brought the boys of the Husky Clipper together?
13. Later in the book, it is noted “all along Joe Rantz had figured that he was the weak link in the crew” (p. 326), but that he found out much later in life that all the other boys felt the same way. Why do you think that was? And why do you suppose they didn’t reveal this to each other until they were old men?
14. What was your favorite hair-raising moment in *The Boys in the Boat*? Even knowing the outcome of the 1936 Olympic Games, was there any point where you weren’t sure if Joe and the boys would make it?

Source: LitLovers.

([litlovers.com/reading-guides/14-non-fiction/9712-boys-in-boat-brown](http://litlovers.com/reading-guides/14-non-fiction/9712-boys-in-boat-brown))



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## Recipes

### Stuffed Mushrooms

(In *The Boys in the Boat*, Joe is in class where his teacher takes them on a hike in the woods. The teacher points out a cauliflower mushroom and describes how it can be eaten. This is an important moment in Joe's life—he is amazed to find free food all around him, and that he “just might find something valuable in the most unlikely of places”.)



- 12 whole fresh mushrooms
- 1 tbsp. vegetable oil
- 1 tbsp. minced garlic
- 8 oz. cream cheese, softened
- 1/4 grated parmesan cheese
- 1/4 tsp. black pepper
- 1/4 tsp. onion powder
- 1/4 tsp. ground cayenne

Preheat oven to 350°F. Spray a baking sheet with cooking spray. Clean mushrooms with a damp paper towel. Carefully break off stems. Chop stems extremely fine, discarding tough end of stems. Heat oil in a large skillet over medium heat. Add garlic and chopped mushroom stems to the skillet. Fry until any moisture has disappeared, taking care not to burn garlic. Set aside to cool.

When garlic and mushroom mixture is no longer hot, stir in cream cheese, Parmesan cheese, black pepper, onion powder and cayenne pepper. Mixture should be very thick. Using a little spoon, fill each mushroom cap with a generous amount of stuffing. Arrange the mushroom caps on prepared cookie sheet.



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Bake for 20 minutes in the preheated oven, or until the mushrooms are piping hot and liquid starts to form under caps.

Source: Bentonville Public Library

([bentonvillelibrary.org/assets/Book-Club-Kits/The-boys-in-the-boat/The-Boys-in-the-Boat-Snacks-and-Sips-Web.pdf](http://bentonvillelibrary.org/assets/Book-Club-Kits/The-boys-in-the-boat/The-Boys-in-the-Boat-Snacks-and-Sips-Web.pdf))

## Le Bernardin's Salmon Rillettes Recipe

Cut fresh, skinless salmon into 1-inch cubes. Add minced shallots to white wine and bring to a boil. Simmer for a couple minutes until the shallots are tender. Then, add fresh salmon, and gently poach for another few minutes until just cooked through. Remove the mixture from the heat and use a slotted spoon to strain out the salmon pieces onto a baking sheet or dish lined with a paper towel. Then, strain the wine and reserve the cooked shallots, and add them to the poached salmon. Cool completely before moving on (it shouldn't take too long since everything is cut up small).



In a mixing bowl add the poached salmon and cooked shallots, diced smoked salmon, mayonnaise, lemon juice, chopped chives, salt and pepper. Make sure you don't over dress or over mix. You want the rillettes to be lightly coated in dressing, and somewhat chunky--not a paste or puree. Serve your salmon rillettes with toasted baguette slices.

Source: Mission Food. ([mission-food.com/le-bernardins-salmon-rillettes](http://mission-food.com/le-bernardins-salmon-rillettes))

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